

PHYSICAL EDUCATION DEPARTMENT

Student Learning Outcome

Presentation

October 20, 2009





Mission Statement

The Physical Education department's mission statement is to provide experiences that guide students in the process of becoming physically active for a lifetime. The department offers courses that fulfill the requirements for Associate of Arts and Associate of Science degrees. The department also actively pursue athletic scholarships for those interested in continuing participation abroad and also provides training for athletes who intend to pursue athletic participation.



STAFF

ED IMO – Chairperson

RICHARD PARK

ADJUNCT

DAVE GODINET – Golf, Tennis

JERIECHO MARTINEZ – Tae Kwon Do

KORINA CHAMBERLAIN - Aerobics



Program Learning Outcomes

- Perform basic fundamental motor skills
- Explain the importance of stretching, warm up and cool down
- Describe the importance of physical activity
- Explain the importance of physical fitness
- Understand the rules, strategies, and regulations of their specific sport
- Explain the importance of proper nutrition and diet
- Develop one's own personal daily fitness workout
- Apply the knowledge gained for lifetime use



Physical Education Courses

General Catalog 2008-2010

1. PED 150 – Basketball (Men & Women)
2. PED 151 – Weight Training (Men & Women)
3. PED 152 – Basic Aerobics
4. PED 153 – Tae Kwon Do
5. PED 154 – Golf
6. PED 155 – Volleyball (Men & Women)
7. PED 156 – Tennis
8. PED 159 – Intermediate Tennis
9. PED 161 – Advanced Volleyball (Women)
10. PED 162 – Advanced Volleyball (Men)
11. PED 170 – Swimming
12. PED 171 - Sailing

Student Learning Outcomes

SLO is the force (paddle) that drives any course, program or degree.



SLO – PED 150

Basketball

- Develop a value system through basketball and its importance in being healthy
- Develop a variety of skills which displays all aspects of basketball (i.e. dribbling, passing, etc)
- Design a program through basketball to improve one's own physical abilities





SLO – PED 151

Weight Training

- Analyze one's own physical fitness to prepare for weight training
- Demonstrate proper weight training techniques
- Outline the importance of weight training for a healthy lifestyle



SLO – PED 152

Beginning Aerobics

- Demonstrate the basic movements such as step-touch, grapevine, drawstring curl, squat, basic abdominal toning, etc.
- Design a program for individual or group teaching
- Analyze and apply knowledge gained for lifetime leisure



SLO – PED 153

Tae Kwon Do

- Develop basic movements of Tae Kwon Do
- Apply **S**pecific **P**ositive **A**chievable and **M**easurable (SPAM) techniques for team playing
- Analyze the proper techniques and how it relates to positive outlook
- Develop one's own decision making and problem solving skills through basic movements
- Demonstrate anger management through meditation



SLO – PED 155

Volleyball

- Analyze the importance of physical activity with respect to volleyball
- Develop a training program which will assist with improvement of basic volleyball skills
- Demonstrate the correct use of the rules in playing volleyball



Q1: Has the department define expected student learning outcomes for all courses?

A1: Yes

Percentage of all course program:

2006-2007 = 67%

2008 – Current = 100%

Disciplines: Communication Skills



Q2: Has the department identify appropriate assessment methodologies for defined expected student learning outcomes for all courses?

A2: Yes

Methodologies:

Primarily **Individual Presentations** and **Group Presentations**



Q3: Has the department assess student learning outcomes for all courses



A3: No.

Percentage: 50%





Q4: Has the department analyze assessment results for the student learning outcomes for all courses?

A4: **No, not ALL courses.**

Percentage: 67%





Physical Education Courses

General Catalog 2008-2010

- 1 & 2. PED 150 – Basketball (Men & Women)
- 3 & 4. PED 151 – Weight Training (Men & Women)
5. PED 152 – Basic Aerobics
6. PED 153 – Tae Kwon Do
7. PED 154 – Golf
- 8 & 9. PED 155 – Volleyball (Men & Women)
10. PED 156 – Tennis
- 11. PED 159 – Intermediate Tennis**
- 12. PED 161 – Advanced Volleyball (Women)**
- 13. PED 162 – Advanced Volleyball (Men)**
- 14. ED 170 – Swimming**
- 15. PED 171 – Sailing**



Q5: Using assessment results, has the department plan and implement changes to pedagogy, facilities, etc., to improve learning for all courses?

A5: **Yes**

Percentage: **100%**



Q6: Has the department define expected student learning outcomes for all programs leading to certificates and degrees?

A6: **Yes**

Percentage: **100%**

We don't have any degree programs but we have transformed from being an **elective** to being a **required** component in order for the student to complete his/her degree program.



Assessment Data

Fall 2007 – Institution implemented the use of assessment rubrics to collect data on student learning outcomes.

The PE department was exempted from this process during the Fall 2007, Spring 2008, and Summer 2008 semesters because of the uniqueness in our courses.

Assessment Data

SEMESTER	150 M	150 W	151 M	151 W	152	153	154	155 M	155 W	156
FALL 2007	All courses were exempted									
SPRING 2008	All courses were exempted									
SUMMER 2008	All courses were exempted									

Assessment Data

SEMESTER	150 M	150 W	151 M	151 W	152	153	154	155 M	155 W	156
FALL 2008	Learning, but didn't arrive to any concrete data									
SPRING 2009		✓		✓			✓		✓	✓
SUMMER 2009							✓			✓



Generalization

Based on the results of assessment rubrics for COMMUNICATION SKILLS, the following can be generalized about the 5 courses

SEMESTER	150W	151W	154	155W	156
SPRING 2009	22 students	17 students	24 students	23 students	15 students
Average:	3.8	4.0	2.4	4.0	2.4
SUMMER 2009			10 students		19 students
Average:			3.0		3.0

RATING SCALE DEFINED

- Ranging 0.0 to 1.9 = students are at the “Beginning” level of LO
- Ranging 2.0 – 2.9 = students are at the “Developing” level of LO
- Ranging 3.0 – 3.9 = students are at the “Accomplished” level of LO
- Ranged at 4.0 = students have arrived at the “Exemplary” level of LO



RECOMMENDATIONS

- Add courses
- Develop an Associate of Arts Degree
- Develop a Certificate of Proficiency program
- Increase pre-requisites
- Interscholastic sports competitions

IN CONCLUSION



**I must keep providing
adequate opportunities
for my students to
eventually buy into what
it is I want them to learn.**



Thank You!

Presenter:

ED IMO

PE Dept Chairperson

